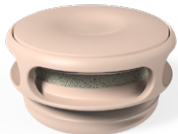
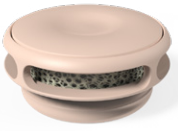




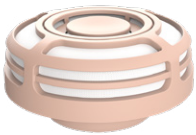
 Night HME



 Home HME



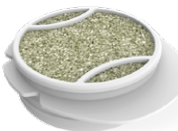
 Go HME



 Protect HME



 Energy HME



 FreeHands HME



## Provox® Life™ is here: Breathe better, whatever you do

We are excited to announce Provox Life – an innovative new line of heat and moisture exchangers (HMEs) and attachments. Atos Medical developed this new system after years of conducting extensive research and obtaining feedback from users, just like you. Provox Life products are designed specifically to address everyday concerns of those living with a laryngectomy – with the ultimate goal of improving quality of life. So, what is unique about Provox Life? Read on to learn more!

**Reduce coughing and mucus** - It is a normal function of the body to cough and produce mucus, but as someone living with a laryngectomy, you know too much coughing and mucus can be a problem. For many, this can be disruptive and may cause them to avoid doing some things they enjoyed before their surgery. Research has shown that wearing an HME day and night can reduce coughing and mucus.\* Provox Life offers several HME options designed for use in different situations, giving you the ability to wear an HME 24/7. Whether relaxing, spending time outside, exercising, sleeping or running errands, Provox Life helps you breathe better, whatever you do!

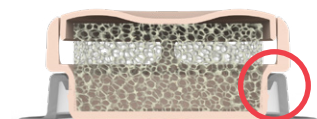
See "Provox Life" on page 2

“Provox Life” continued from page 1

**Increased breathability** - All HMEs provide some breathing resistance, which is important to help your lungs function well, but in some situations you might want more breathability. Provox Life Home HME, Go HME and Protect HME are designed for greater breathability, giving more people the ability to wear HMEs in more situations. Provox Energy HME is a new HME that is designed especially for when you are active, so you don't get winded while enjoying your favorite sport or activity.

**Better security** - Over half of the patients surveyed said that their attachment (adhesive, tube or button) has come loose because of coughing, and some said their HME has popped out. Provox Life attachments have a SecureFit™ connection, ensuring the HME will stay securely in place. A flexible and softer ring with decreased height provides a tighter seal around the stoma for a more secure fit. Plus, **all** Provox Life attachments can be used with **all** Provox Life HMEs.

**Soothe skin** - Have you ever been tempted to take “a break” from your adhesive (and HME) because your skin is irritated? If so, consider using Provox Life Sensitive Adhesive. It's made from hydrocolloid material which retains moisture, making it a good choice for sensitive or irritated skin. You might also consider using Provox Life Night Adhesive to allow your skin to rest while you sleep. It's made of skin-friendly hydrogel to soothe and cool the skin.



Provox Life coupling with SecureFit™ technology – a click confirms the HME is securely in place.



Provox Life adhesives are clover-shaped for optimal comfort and fit.

**PROVOX**<sup>®</sup>  
**Life**

If you would like more information or have questions reach out to us – we are here to help! As always, talk to your clinician about what products are best for you.

**Meet a Provox Life user** - This is Hanne, a 73-year-old widow who loves her children, grandchildren, nature and walks. She had her surgery in 2014.



“The surgery changed my life considerably... Despite this, I chose to make the most of life. My beloved husband passed away in 2008, but my friends are still there for me, and I am still my grandchildren's grandmother... Sometimes I wonder what the products were like 25 years ago... We are privileged today to be able to get hands-free products, for example.

Recently, I have tested the new Provox Life products, and I have been very impressed, especially with the Home and Go HMEs. I found it so easy to breathe with Home that sometimes I forgot to change it. I used the Go HME when walking, and I could not notice any resistance, which was nice.

For others going through this, my advice is to take it easy, because you get better and better, day by day. You will find that you can do much more than you think you can. You can tackle major changes in your life. A little stubbornness goes a long way.”

Studies referenced were commissioned by Atos Medical research 8184 patients in UK,US, DE, FR, SE, NL, BR, IT, ES received the survey. Response rate 21% (1734 patients.)

**Atos**

# Get a good start with Provox Life

## Supportive resources and events

If you have already started using Provox Life, we have resources on the **PROVOX LIFE** tab at [www.atosmedical.us](http://www.atosmedical.us) to help you get the most out of your products and to provide useful tips and tricks.

- ▶ **GETTING STARTED** contains information and materials available to help you get started with Provox Life, including a **Quick Start Guide**, **Living Well After A Laryngectomy** book and several **CareTips** with product tips and tricks.
- ▶ **HOW-TO VIDEOS** are available to introduce you to Provox Life and walk you step-by-step through the adhesive application and removal process.
- ▶ **PROVOX LIFE EVENTS** are offered in two **virtual** formats. You are welcome to join any event that works for your schedule.

**Q&A Informational Sessions** are small-group sessions for people who **have** Provox Life to understand and feel more confident using the products. They feature one of our Clinical Educators who will demonstrate products, troubleshoot and answer your questions – all from the comfort of your home.



**Community Events** are small, casual events designed for people **new** to Provox Life. Your local Atos representative will introduce you to all the new HMEs, adhesives and laryngectomy tubes. There will be time to see the products, ask questions, socialize and learn how you can try Provox Life for yourself.

For more information or to register, go to the events section on the **PROVOX LIFE** tab of our website, or call our events team at **1.800.217.0025**.



### What are users saying about Provox Life?

"I cough much less with Provox Life."

"Now, I breathe better when I am active."

"I sleep better with Night."

"I do not get as much mucus when using Provox Life products."

## Did you know?

**Atos Medical doesn't ask for payment at the time of your order on items covered by insurance (some exclusions apply).** We will ship your products now when you need them and send a statement later that reflects any balance owed after your insurance has paid their portion.



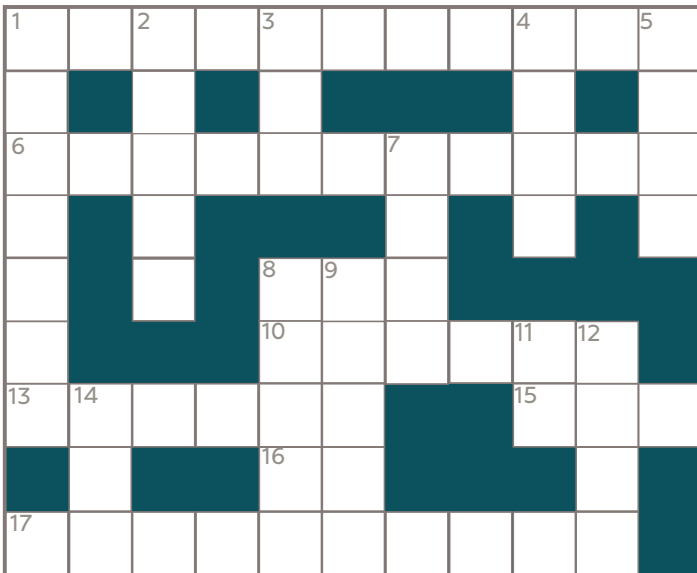
**Medicare allows for two HMEs per day.** This can allow you to enjoy the benefits of wearing HMEs both day and night. Also, most Provox Life products are eligible for Medicare Assignment pricing, which means less out-of-pocket cost for Medicare recipients. For a full list of Atos Medicare Assigned Products, visit the **RESOURCES** tab at [www.atosmedical.us](http://www.atosmedical.us), or look for the Medicare Assignment icon in our new catalog.

Answer key for crossword (page 4)



## Just for fun!

## Crossword



Answer key on page 3

### ACROSS

- 1 Originally called Decoration Day; observed every May
- 6 The boy king; most commonly known Egyptian pharaoh
- 8 A symbol of the US government; Uncle \_\_\_
- 10 The capacity for action or being active
- 13 Sports fans often dress to show their team \_\_\_\_\_
- 15 Plant-based, dairy alternative made from grain; \_\_\_ milk
- 16 Nickel on the periodic table
- 17 An N-95 mask can provide \_\_\_\_\_ for healthcare workers.

### DOWN

- 1 The second Sunday in May celebrates \_\_\_\_\_
- 2 Unit of length that equals about 39.37 inches
- 3 Best friend of Harry and Hermione
- 4 The Statue of Freedom sits atop the \_\_\_\_ of the US Capitol
- 5 Opposite of Yin
- 7 Dorothy said, "There's no place like \_\_\_\_."
- 8 Famous Parisian river
- 9 A silly behavior or prank, meant to be funny
- 11 Ready, set, ...!
- 12 An involuntary reaction to tiredness or boredom
- 14 The accepted standard